



YOU HAVE REACHED THE FINAL STEP.

This knowledge check helps confirm that you understand the key principles from all training modules.

Please read each question carefully and choose the best answer.

Good luck!



PART 1 – MULTIPLE CHOICE

Tick (✓) the correct answer.

1 Why is it important to follow safe working practices? ☐ To save time ☐ To prevent injury and protect others ☐ To avoid doing extra work	2 Which colour is for general low risk areas? ☐ Red ☐ Blue ☐ Yellow	3 COSHH stands for: ☐ Control of Substances Hazardous to Health ☐ Cleaning Operations for Safe Hygiene ☐ Care of Surfaces and Household Hygiene	4 What should you do before using a new chemical? ☐ Mix it with water ☐ Read the label and check the COSHH information ☐ Ask a colleague to try it first	5 What is the correct order for deep cleaning? ☐ Top to bottom ☐ Bottom to top ☐ Left to right
6 Why is PPE important? ☐ It looks professional ☐ It protects you from hazards ☐ It makes the job easier	7 What should you do if you spill a chemical? ☐ Wipe it up with a cloth ☐ Tell your supervisor ☐ Use the spill kit and follow the procedure	8 How often should you wash your hands? ☐ Once a day ☐ After completing a job ☐ Before starting work, after toilets and when required	9 What is the main cause of slips and trips? ☐ Clean floors ☐ Wet floors and clutter ☐ Good lighting	10 What should you do if you find a hazard? ☐ Ignore it ☐ Report it immediately ☐ Fix it yourself
11 Which of these is correct manual handling practice? ☐ Lift with your back ☐ Lift heavy loads on your own ☐ Bend your knees and keep the load close	12 How should you store cleaning chemicals? ☐ On the floor ☐ In unlabelled bottles ☐ In original containers, locked away	13 What should you do when leaving a site? ☐ Leave straight away ☐ Make sure it is secure and tidy ☐ Leave equipment out	14 Why is waste segregation important? ☐ It saves time ☐ It helps the environment ☐ It is not important	15 What should you do if you don't understand a task? ☐ Guess and do it ☐ Ask for help ☐ Watch someone else do it first
16 When working alone, you should always: ☐ Take regular breaks ☐ Tell someone where you are and when you'll be back ☐ Keep your phone off	17 What should you do if you have an accident? ☐ Carry on working ☐ Tell your supervisor and complete a report ☐ Go home without telling anyone	18 What is the purpose of inspections? ☐ To find fault ☐ To check standards and improve ☐ To add extra work	19 Which of these is an example of cross contamination? ☐ Using different cloths for different areas ☐ Cleaning a toilet then using the cloth in the kitchen ☐ Washing your hands	20 Why is environmental awareness important? ☐ To save money ☐ To protect the environment for future generations ☐ It is not important



PART 2 – PRACTICAL SCENARIO

Read the scenario below and answer the questions.

You arrive at an office site and notice a spill of cleaning solution on the floor in the corridor. There is no wet floor sign. A colleague is about to walk through the area.

What should you do?



YOUR SCORE

PART 1 – MULTIPLE CHOICE ___ / 20

PART 2 – PRACTICAL SCENARIO ___ / 10

TOTAL SCORE ___ / 30

To pass this training you need at least 24 out of 30 (80%).

Keep up the great work!



CONGRATULATIONS!

You have completed all 20 training modules and the final knowledge check.

Thank you for your commitment to safety, quality and professionalism.

I confirm that I have completed Module 20 – Final Knowledge Check.

Employee Name: _____

Employee Signature: _____

Date: _____

Trainer Signature: _____

Date: _____



**CONTINUE TO WORK SAFELY,
DELIVER QUALITY AND BE PROUD
OF THE DIFFERENCE YOU MAKE.**



**CLEAN STANDARDS.
STRONG ENVIRONMENT. EVERY TIME.**



BE SAFE



WORK SMART



RESPECT



DELIVER QUALITY